



# Care at the Chemist

## Formulary

Indication	Treatment	Notes
		All treatments to be supplied in line with over the counter product licence
Acute bacterial conjunctivitis	Chloramphenicol 0.5% eye drops (10ml)	
	Chloramphenicol 1% eye oint. (4g)	
Mild to Moderate hayfever/seasonal rhinitis	Sodium cromoglycate 2% eye drops (10ml)	
	Fluticasone 0.05% nasal spray (60 dose)	
	Loratadine 5mg/5ml syrup (100ml)	
	Chlorphenamine tabs 4 mg (28)	
	Chlorphenamine oral solution 2mg/5ml sugar free (150ml)	
	Cetirizine 10mg tabs (30)	
Insect Bites and Stings	Hydrocortisone cream 1% (15g)	
Athletes Foot and Ringworm	Clotrimazole 1% cream (20g)	
Coughs, colds, nasal congestion/flu symptoms	Simple linctus paediatric sugar free (200ml)	
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	Sodium chloride nasal drops 0.9% 10ml	

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Infrequent Cold sores of the lip	Aciclovir 5% cream (2g)	
Infrequent Constipation	Ispaghula husk 3.5g sachets (30)	
	Lactulose liquid (500ml)	
	Senna 7.5mg tablets (20)	
Mild Irritant Dermatitis	Hydrocortisone 1% cream (15g)	
	Emulsifying Ointment (500g)	
	ZeroAQS (500g)	
	Zero double emollient (100g)	
Diarrhoea	Oral rehydration sachets (6 sachets)	
	Loperamide 2mg caps (12)	
Ear Wax	Sodium bicarbonate 5% ear drops (10ml)	
Haemorrhoids	Anusol oint (25g)	
	Anusol suppositories (12)	
Minor Conditions associated with pain, discomfort and fever (e.g. aches, sprains, headache, period pain, back pain)	Paracetamol 500mg tablets (32)	
	Paracetamol 120mg/5ml susp. sugar free 100ml	
	Paracetamol 250mg/5ml susp. sugar free 200ml	

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Infrequent Migraine	Ibuprofen 200mg tablets (24)	All treatments to be supplied in line with over the counter product licence
	Ibuprofen 100mg/5ml susp. sugar free 100ml	
	Sumatriptan 50mg tabs (2)	
Head lice	Dimeticone 4% lotion- Hedrin (2 x 50ml)	
	Nitcomb M2	
	Malathion 0.5% liquid (150ml)	
Indigestion and heartburn	Peptac liquid/alginate acid (500ml)	
Infrequent Mouth ulcers	Anbesol liquid (10ml)	
	Anbesol adult gel (10G)	
Nappy Rash	Zinc and castor oil ointment (500g)	
	Sudocrem cream (60g)	
Nasal congestion	Sodium chloride 0.9% nasal drops (10ml)	
Oral thrush	Miconazole 20mg/g oral gel (15g)	
Teething and mild toothache	Anbesol liquid (10ml)	
	Anbesol teething gel (10g)	
Threadworm	Mebendazole 100mg chewable tablets (2)	

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Vaginal thrush	Clotrimazole 500mg pessary	All treatments to be supplied in line with over the counter product licence
	Clotrimazole 1% cream 20g	
	Fluconazole 150mg capsule (1)	
Warts and verruca's	Salactol wart paint 10ml	
Scabies	Permethrin 5% cream (2x30g)	
	Malathion 0.5% liquid (150ml)	